

# NJ Seasonality Chart

Click live produce links on left for downloadable resources.

## Fruits & Berries

	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCT.	NOV.	DEC.
Apples									
Blackberries									
Blueberries									
Cherries									
Cranberries									
Grapes									
Peaches, Nectarines									
Pears									
Plums*									
Strawberries									

## Vegetables

Arugula									
Asparagus									
Beans*									
Beets									
Bok Choy									
Broccoli									
Cabbage									
Carrots									
Cauliflower									
Chard									
Chinese Cabbage									
Collards									
Cucumbers*									
Dandelion Greens									
Eggplant*									
Garlic									
Garlic Scapes									
Herbs*									
Kale*									
Leeks									
Lettuce									
Lima Beans									
Mustard Greens									
Okra**									
Onions									
Parsnips									
Peas									
Peppers									
Potatoes									
Pumpkins									
Radish									
Scallions									
Squash									
Spinach									
Sweet Corn									
Tat Soi									
Tomatoes*									
Turnips									

### \* Plums

- Traditional
- Fall Bearing

### \* Cucumbers

- Pickle
- Salad

### \* Herbs

- Basil
- Chives
- Cilantro
- Dill
- Mint
- Parsley

### \* Kale

- Curly
- Lacinata

### \* Peppers

- Bell
- Jalapeno
- Poblano
- Serrano

### \* Potatoes

- Idaho (baking)
- Wax
- Yukon Gold
- Purple
- Sweet Potato

### \* Squash

- Yellow
- Zucchini
- Winter Squash
- Hubbard
- Acorn
- Pumpkin

### \* Tomatoes

- Grape
- Roma
- Beefsteak
- Heirloom

### \* Beans

- Green snap
- Wax
- Yellow

### \* Eggplant

- Italian
- Asian

### \* Lettuce

- Bibb
- Green/Red leaf
- Romaine
- Spring Mix

Note: Seasonal variations exist in the northern and southern parts of the state. This information has been sourced with information provided by NJ Farm Bureau, the NJ Department of Agriculture and Rutgers Cooperative Extension. Funding was provided by a 2010 USDA Specialty Crop Block Grant. 05/2011